

Monday

Tuesday

Wednesday

Thursday

Friday

NEW!

end the fatigue

7th @ 5:30

NEW!

8, 15, 22 @ 1:00

Watercolor Garden

NEW!

Healthy Homes Workshop
29th @ 2:00

1

*Beginning Crochet (G) 9:00

2

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

*Small Business Basics (L) 5:00

Bard's Corner (M) 6:00

3

Loose Ends Crafts (M) 10:00

Color Me Calm (G) 2:00

Bingo (M) 3:00

6

ESL (L) 10:00

Board Games for Grown-ups (M) 12:00

7

Adaptive Yoga (M) 9:00

End the Fatigue (M) 5:30

8

Color Me Calm (G) 2:00

*Watercolor Garden (M) 1:00

9

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

10

La Leche League (M) 10:00

Intuitive Heart Meditation (L) 2:00

13

ESL (L) 10:00

Essential Oils (M) 11:00

*Stamping Workshop (M) 1:00

Monday Matinee (M) 3:00

14

Adaptive Yoga (M) 9:00

Mystery Club (M) 3:00

15

*Watercolor Garden (M) 1:00

16

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

*My Kid is Turning 18 - What Legal Docs Should I Get? (M) 4:00

Bard's Corner (M) 6:00

17

Books & Brew (G) 10:30

Color Me Calm (G) 2:00

20

*Beginning Crochet (G) 9:00

ESL (L) 10:00

*Cooking through the Calendar (M) 11:00 (register by Fri., May 17)

21

Adaptive Yoga (M) 9:00

*Focus on Finance (M) 6:00

22

Color Me Calm (G) 2:00

*Watercolor Garden (M) 1:00

23

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

Evening Book Club (M) 6:30

24

*Keep Calm & Craft On: Book Page Flower Wreath (M) 3:00

27

Library Closed

Program Locations

(FL) Front Lobby
(G) Genealogy Rm
(L) Computer Lab
(M) Meeting Rm

28

Adaptive Yoga (M) 9:00

*Seniors & Their Protection (M) 4:00

Greater Woman Club (G) 6:00

29

*Canvas Painting (M) 1:00

*Healthy Homes Workshop (L) 2:00

30

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

Your Body Knows Best: Steps Toward Intuitive Eating (L) 5:30

31

Friday Flicks (M) 11:00

Programs requiring registration are indicated by asterisk Programs on this calendar are reserved for our adult patrons aged 18+
100 Jim Owen Drive * Elizabethtown, KY 42701 * 270-769-6337 * www.hcpl.info

☆ **MONDAY MATINEE** ☆
 Monday, May 13 @ 3:00
Return to Mayberry
 1986 (G) 95 min.

☆☆ **FRIDAY FLICKS** ☆☆
 Friday, May 31 @ 11:00
Little Women
 2018 (PG-13) 112 min.

➤ **FUN AND GAMES** ◀

BRIDGE CLUB

THURSDAYS @ 12:00

FOR PROFICIENT PLAYERS. SOME MAY NOT PLAY ALL HANDS.

BINGO

FRIDAY, MAY 3 @ 3:00

COME FOR A CASUAL GAME TIME. WIN BOOKS!

BOARD GAMES FOR GROWNUPS

MONDAY, MAY 5 @ 12:00

A SELECTION OF GAMES WILL BE AVAILABLE, OR SHARE A GAME OF YOUR OWN. COME ALONE OR WITH FRIENDS! YOU'RE WELCOME TO BRING FOOD/DRINKS.

➤ **Adult Education** ◀

ENGLISH AS A 2ND LANGUAGE

Mondays @ 10:00

Join instructor Isabella Paar for these free tutoring sessions geared toward learners of English.

LA LECHE LEAGUE

Friday, May 10 @ 10:00

Free Breastfeeding Support! Meet other breastfeeding mothers and babies at our informal monthly meetings. Trained leaders can help with any breastfeeding issues you may have. Breastfeeding mothers, babies, toddlers, and mothers-to-be are welcome!

➤ **Home & Garden** ◀

ESSENTIAL OILS: Monday, May 13 @ 11:00
 Learn about health & household benefits.

***COOKING THRU THE CALENDAR**

Monday, May 20 @ 11:00

Chicken & Ranch Mushrooms. *Register by May 17.

***HEALTHY HOMES WORKSHOP**

Wednesday, May 29 @ 2:00

This class will feature how to identify household hazards & how to create some environmentally friendly, safe cleaners using household products that you have in your kitchen.

*Registration required; limit 12

☆☆ ***SMART START BUSINESS BASICS** **Business & Finance**

Thursday, May 2 @ 5:00

Register @ www.ksbdc.org/Elizabethtown.

***MY KID IS TURNING 18 - WHAT LEGAL DOCS SHOULD I GET?**

Thursday, May 16 @ 4

It's exciting & scary—that time when your children may be heading off to college, away from home and on their own for the first time! Learn what documents you need in place to be able to make medical & legal decisions on behalf of your child now that he or she is an adult. Register @ 270-769-4618.

***FOCUS ON FINANCE**

Tuesday, May 21 @ 6:00

Registration is required @ 270-723-2225. Notifications of class cancellation will come through the class's instructor.

***SENIORS AND THEIR PROTECTION**

Tuesday, May 28 @ 4:00

Life is full of risks for folks of all ages, but the elderly are especially vulnerable. Often living alone and very trusting, seniors are easy targets for not only scam artists, but even those who should be trusted--family! Learn tips to stay safe, and signs to watch for that someone you know may be a victim of elder abuse. We'll also discuss safety risks to look for in the home environment, which are often overlooked. Register @ 270-769-4618.

MYSTERY BOOK CLUB

Tuesday, May 14 @ 3:00

Camino Island

by John Grisham

EVENING BOOK CLUB

Thursday, May 23 @ 6:30

The Picture of Dorian Gray

by Oscar Wilde

ADAPTIVE YOGA

Tuesdays @ 9:00

Thursdays @ 10:00

Come in comfort -able clothing; bring a yoga mat if possible.

This class is suitable for students at any level of ability or physicality.



END THE FATIGUE

Tuesday, May 7 @ 5:30

Did you know there's a simple strategy you can implement immediately to avoid the 3pm crash (and binging on sugar)? Don't miss this FREE class where you'll learn "6 Little Known Culprits That Are Keeping You Exhausted...And the Fastest Ways You Can Increase Your Energy for Good".

INTUITIVE HEART MEDITATION

Friday, May 10 @ 2:00

Learn to meditate by focusing on your breathing. Develop trust in your own intuition to assist with decision making in your daily life.

GREATER WOMAN CLUB

Tuesday, May 28 @ 6:00

Have a passion for understanding your personal strengths? This group encourages women to move from good to great!

YOUR BODY KNOWS BEST

Thursday, May 30 @ 5:30

"Steps Toward Intuitive Eating": listening to your body's hunger and cravings.

May 17 @ 10:30

Books & Brew

Looking for new reading ideas? Relax with a hot beverage, talk about what you've recently enjoyed or not enjoyed! Connect & share a love of reading.

BEGINNING CROCHET

May 1 & 20 @ 9:00

Register now - you will start a basic project with a loop & chain & a single crochet. Bring a size I 5.5 or J 6.0 hook & a 4-ply yarn.



BARD'S CORNER WRITERS GROUP

Thursdays, May 2 & 16 @ 6:00

Come to share, learn, and be encouraged in your writing!

LOOSE ENDS CRAFTS

Friday, May 3, 10:00 - 1:00

Come enjoy supportive comradery and a quiet environment in which to finish any incomplete projects! Open to all.

COLOR ME CALM

May 3, 8, 17, 22 @ 2:00

Coloring is shown to improve concentration and lower stress levels in adults!

***WATERCOLOR GARDEN**

Wednesdays, May 8, 15, 22 @ 1:00

Step-by-step instructions make the creation of your watercolor garden practically fail safe! You'll leave with a lovely watercolor scene ideal for display. Register for only one session.

***STAMPING WORKSHOP: NOTECARDS**

Monday, May 13 @ 1:00

\$2 required at registration.

***KEEP CALM & CRAFT ON:**

BOOK PAGE FLOWER WREATH

Friday, May 24 @ 3:00

Wall hanging with concentric layers of petal-shaped paper. Registration required.

***CANVAS PAINTING**

Wednesday, May 29 @ 1:00

\$5 registration fee required (refunded upon class attendance). Bring your own canvas.