


ADULT PROGRAMMING * HCPL * JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px dashed black; padding: 5px; width: fit-content;"> Program Locations (FL) Front Lobby (G) Genealogy Rm (L) Computer Lab (M) Meeting Rm </div>	<i>1</i> Library Closed	<i>2</i>	<i>3</i> Adaptive Yoga (M) 10:00 Bridge Club (M) 1:00 *Small Business Basics (M) 5:00	<i>4</i> Loose Ends Crafts (M) 10:00 Color Me Calm (G) 2:00 Bingo (M) 3:00	<i>5</i>
<i>7</i> Watercolor Book Pgs (M) 11:00 Board Games for Grownups (M) 12:00 Bard's Corner (M) 6:00	<i>8</i> Adaptive Yoga (M) 9:00 Mystery Club (M) 3:00	<i>9</i> *Beginning Crochet (G) 9:00 Color Me Calm (G) 2:00	<i>10</i> Adaptive Yoga (M) 10:00 Bridge Club (G) 1:00	<i>11</i> Friday Flicks (M) 11:00 Intuitive Heart Meditation (L) 2:00	<i>12</i>
<i>14</i> ESL (L) 10:00 Essential Oils (M) 11:00 *Stamping Workshop (M) 1:00	<i>15</i> Adaptive Yoga (M) 9:00 Myeloma Support Grp. (M) 1:30 Do I Really Need a Will? (M) 4:00 *ASL (L) 6:00 *Focus on Finance (M) 6:00	<i>16</i> *CREATE! Frosty Vases (M) 3:00	<i>17</i> Adaptive Yoga (M) 10:00 Bridge Club (M) 1:00 Artists in Progress (M) 5:30	<i>18</i> Books & Brew (G) 10:30 Color Me Calm (G) 2:00	<i>19</i> Plant Healthy Etown (M) 11:00
<i>21</i> Library Closed	<i>22</i> Adaptive Yoga (M) 9:00 Greater Woman Club (M) 6:00	<i>23</i> Color Me Calm (G) 2:00	<i>24</i> Adaptive Yoga (M) 10:00 Bridge Club (G) 1:00 *Nuts & Bolts of Probate (M) 4:00 Evening Book Club (M) 6:30	<i>25</i> *Keep Calm & Craft On: Wooden Snowmen (M) 3:00	<i>26</i>
<i>28</i> *Beginning Crochet (G) 9:00 ESL (L) 10:00 *Cooking through the Calendar (M) 11:00 (register by Fri., Jan. 25) Monday Matinee (M) 3:00	<i>29</i> Adaptive Yoga (M) 9:00 *ASL (L) 6:00	<i>30</i> *Canvas Painting (M) 1:00	<i>31</i> Adaptive Yoga (M) 10:00 Bridge Club (M) 1:00 Every'body' Is Perfect (M) 5:30	 <p>NEW! ASL CLASSES LOOSE ENDS CRAFTS BOARD GAMES FOR GROWNUPS</p>	

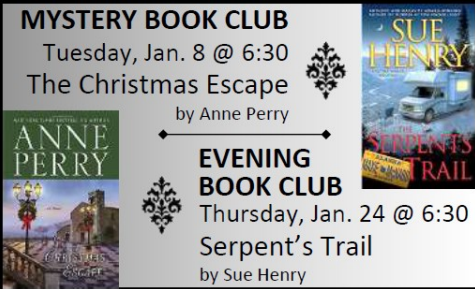
Programs requiring registration are indicated by asterisk Programs on this calendar are reserved for our adult patrons aged 18+
 100 Jim Owen Drive * Elizabethtown, KY 42701 * 270-769-6337 * www.hcpl.info

☆☆ **FRIDAY FLICKS** ☆☆
 Friday, Jan. 11 @ 11:00
 Dog Days
 2018 (PG) 113 min.

☆☆ **MONDAY MATINEE** ☆☆
 Monday, Jan. 28 @ 3:00
 Groundhog Day
 1993 (PG) 101 min.

MYSTERY BOOK CLUB
 Tuesday, Jan. 8 @ 6:30
 The Christmas Escape
 by Anne Perry

EVENING BOOK CLUB
 Thursday, Jan. 24 @ 6:30
 Serpent's Trail
 by Sue Henry



➔ **Adult Education** ◀

ENGLISH AS A SECOND LANGUAGE (ESL) Mondays, Jan. 14 & 28 @ 10:00
 Join instructor Isabella Paar for these free tutoring sessions geared toward learners of English.

AMERICAN SIGN LANGUAGE (ASL) Thursdays, January 15 & 29 @ 6:00
 This series will last for 3 months; remaining dates are Feb. & March 12 & 26. Registration required; please commit to all 6 classes.

NEW! ➔

BOARD GAMES FOR GROWNUPS
Monday, January 7 @ 12:00
 A selection of games will be available, or bring your own game to share. Come alone or bring a friend! You're welcome to bring food & eat lunch while you play.

LOOSE ENDS CRAFTS
Friday, January 4 @ 10:00 ➔ **NEW!**
 Come enjoy supportive comradery and a quiet environment in which to finish any incomplete projects! Bring your own projects. Open to all.

➔ **Home & Garden** ◀

ESSENTIAL OILS
Monday, Jan. 14 @ 11:00
 Learn benefits of essential oils for general health & household uses!

***COOKING THRU THE CALENDAR**
Monday, January 28 @ 11:00
 First session of 2019's monthly recipe series! *Register by Fri., Jan. 25.

ADAPTIVE YOGA
Tuesdays @ 9:00
Thursdays @ 10:00

HEALTH & FITNESS

Come in comfortable clothing; bring a yoga mat if possible. This class is suitable for students at any level of ability or physicality.

INTUITIVE HEART MEDITATION
Friday, January 11 @ 2:00
 Learn to meditate by focusing on your breathing. Develop trust in your own intuition to assist with decision making in your daily life.

MYELOMA SUPPORT GROUP
Tuesday, January 15 @ 1:30
 Anyone suffering from or affected by multiple myeloma is encouraged to attend this new support group.

PLANT HEALTHY ETOWN
Saturday, January 19 @ 11:00
 Come discuss evidence-based nutrition & whole food plant-based diets.

GREATER WOMAN CLUB
Tuesday, January 22 @ 6:00
 Have a passion for understanding more about personal strengths? This group encourages women to move from good to great!

EVERY'BODY' IS PERFECT
Thursday, January 31 @ 5:30
 This presentation will highlight topics related to body image, self-esteem, eating disorders, etc. Get healthy body image tips and discuss why self-esteem is important.

Jan. 18 @ 10:30
 Looking for some **Books & Brew** reading ideas?
 Relax with a hot beverage, connect & share a love of reading.

BEGINNING CROCHET
Wed., Jan. 9 @ Mon., Jan. 28 @ 9:00
 Register now for these Beginning Crochet classes! You will start a basic project with a loop & chain & a single crochet. Bring a size I 5.5 or J 6.0 hook & a 4-ply yarn (like a Red Heart Super Saver). Projects & different skill levels will be taught in classes to follow.

Business & Finance

***SMALL BUSINESS BASICS**
Thurs., Jan. 3 @ 5:00
 Register @ www.ksbdc.org/Elizabethtown.

***FOCUS ON FINANCE**
Tuesday, January 15 @ 6:00
 Registration is required @ 270-723-2225. Notifications of class cancellation will come through a representative of the class's instructor.

***WILLS: DO I REALLY NEED ONE?**
Tuesday, January 15 @ 4:00
 Dying without a will allows the state to decide who inherits! Your will allows you to control how your estate is handled when you no longer have a voice. Register @ 270-769-4618.

***NUTS & BOLTS OF PROBATE**
Thursday, January 24 @ 4:00
 Learn about the probate process from start to finish, along with tips to help make this trying time manageable. We'll cover the initial filing requirements, costs involved, selling the house, and answer your other questions, such as, "What if there's no will?" Register @ 270-769-4618.

➔ **Fun & Games** ◀

BRIDGE CLUB: Thursdays @ 1:00
 Proficient players welcome! Depending on # of people present, some may not play all rounds.

BINGO: Friday, January 4 @ 3:00
 Come for a casual game time.

THE **CREATIVE** corner

WATERCOLOR BOOK PAGES
Monday, January 7 @ 11:00
 Explore the use of watercolor on old book pages to create unique pieces of artwork. Not an art class; casual & fun!

BARD'S CORNER WRITERS GROUP
Monday, January 7 @ 6:00
 Come to share, learn, and be encouraged in your writing!

ARTISTS IN PROGRESS
Thursday, January 17 @ 5:30
 Join other artists to work & create in a friendly & accepting atmosphere! Email hcjakerichardson@gmail.com for info.

COLOR ME CALM @ 2:00
Fridays, Jan. 4 & 18 & Wed., Jan. 9 & 23
 Coloring isn't just for kids! It can also improve concentration and lower stress levels in adults!

***STAMPING WORKSHOP: NOTECARDS**
Monday, January 14 @ 1:00
 You'll make 2 beautifully designed notecards! \$2 nonrefundable required at registration.

***CREATE! FROSTY VASES**
Wednesday, January 16 @ 3:00
 Create a pattern with rubber bands then spray with frosted glass spray. One jar provided; bring your own if you'd like to make more! Registration required.

***CANVAS PAINTING**
Wednesday, January 30 @ 1:00
 Registration required for this acrylic painting class, facilitated by Olivia Allen. Bring your own (any size) canvas.

***KEEP CALM & CRAFT ON: WOODEN SNOWMEN**
Friday, January 25 @ 3:00
 Paint blocks of wood & embellish! Registration required.