
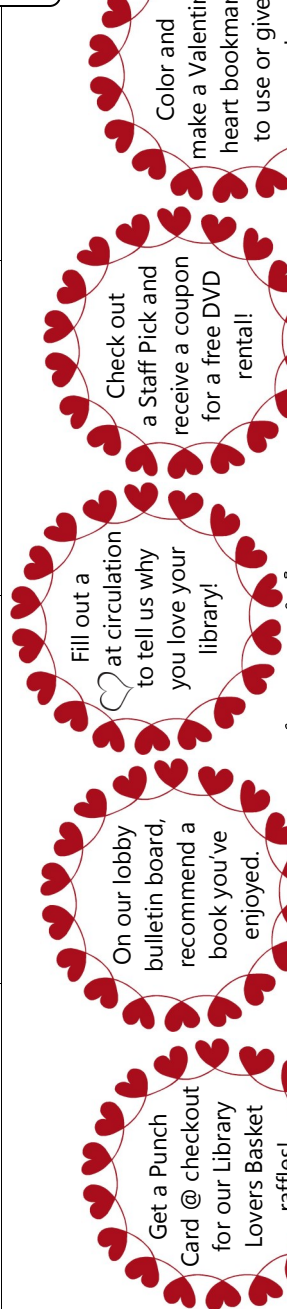


ADULT PROGRAMMING * HCPL * FEBRUARY 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					
6 ESL (M) 11:00	7 *Alzheimer's Education (M) 5:30	8 Tai Chi/Fitness (M) 1:00 Color Me Calm (G) 3:00	9 Adaptive Yoga (M) 10:00 *Cruise Crazy (M) 5:30	10 Friday Flicks (M) 3:00	11 Tai Chi/Fitness (M) 10:00
13 ESL (M) 11:00	14 Blood Pressure Screening (M) 2:30 Mystery Club (M) 3:00	15 Tai Chi/Fitness (M) 1:00 *Keep Calm & Craft On (M) 3:00	16 Adaptive Yoga (M) 10:00 Bridge Club (M) 1:00 Lincoln Live! (M) 5:30	17 Color Me Calm (G) 3:00 Bingo (M) 4:00	18 Tai Chi/Fitness (M) 10:00
20 ESL (L) 11:00 *Essential Oils (M) 11:00 *Stamping Workshop (M) 1:00	21 *Alzheimer's Education (M) 5:30	22 Tai Chi/Fitness (M) 1:00 Color Me Calm (G) 3:00 Drop-in Tech Lab (L) 3:00 - 5:00	23 Adaptive Yoga (M) 10:00 *Fix It! (M) 4:00 Friends of the Library (lobby) 6:00 Evening Book Club (M) 6:30	24 *Coffee, Cocoa & Craft: Mug Decorating (M) 3:00	25 Tai Chi/Fitness (M) 10:00
27 ESL (L) 11:00 *Extension Office (M) 11:00 Monday Matinee (M) 3:00	28 *Alzheimer's Education (M) 5:30 *Overdrive Clinic (M) 3:30	 <p>Get a Punch Card @ checkout for our Library Lovers Basket raffles!</p> <p>On our lobby bulletin board, recommend a book you've enjoyed.</p> <p>Fill out a card at circulation to tell us why you love your library!</p> <p>Check out a Staff Pick and receive a coupon for a free DVD rental!</p> <p>Color and make a Valentine heart bookmark to use or give away!</p> <p><i>Take part in our Library Lovers Month activities!</i></p>			

Programs requiring registration are indicated by asterisk

Adults

PLEASE NOTE: Attendance for adult programs is reserved for ages 18 and over. Programs requiring registration are indicated with an asterisk. You may register by phone: 270-769-6337 or email: hcplrebekaha@gmail.com

CRUISE CRAZY

February 9 @ 5:30

Have you ever wondered what a cruise vacation would be like? Debbie Parsons will share knowledge and insights gained from 15 years of cruise experiences. Registration required!



Business & Finance

*SMALL BUSINESS BASICS

Thursday, February 2 @ 5:00

Register @ www.ksbdc.org/Elizabethtown.

Fix It!

*Thursday, February 23 @ 4:00

This class, facilitated by Servpro, addresses home repair & maintenance concerns and common emergency prevention. Materials are provided by Home Depot; registration required.

Exercise Programs

ADAPTIVE YOGA

Thursdays in February @ 10:00

Come in comfortable clothing and bring a yoga mat if you have one. This class is suitable for students at any level of ability or physicality, no previous experience necessary. A brief screening will be done before each class to ensure that safety is paramount.

TAI CHI/FITNESS

Wednesdays @ 1:00 &

Saturdays @ 10:00

A fitness program inspired by Tai Chi which includes deep breathing & stretching.

Creative Corner

COLOR ME CALM @ 3:00

Fri., Feb. 3 & 17; Wed., Feb. 8 & 22

Coloring isn't just for kids! It can also improve concentration and lower stress levels in adults! Materials are provided.



*KEEP CALM & CRAFT ON

Wednesday, February 15

@ 3:00

Registration required for these repurposed book trees!

*STAMPING WORKSHOP: NOTECARDS

Monday, February 20 @ 1:00

\$2 materials fee due at registration.

*COFFEE, COCOA & CRAFT

MUG PAINTING Fri., Feb. 24 @ 3:00

Enjoy a warm drink on a cold winter's day while you paint a mug - freehand or with stencils. Registration required.



An Evening Live with Lincoln



Thursday, February 16 @ 5:30

Children and adults alike will enjoy Larry Elliott's Abraham Lincoln performance! Join us for an entertaining & educational family evening.

Technical Assistance



TECH APPOINTMENT

Do you need help with something related to computers or other devices? Come in to schedule a 30 minute session with a librarian.

*OVERDRIVE CLINIC

Tuesday, February 28 @ 3:30

Attend this session to learn what's available on Kentucky's free downloading site! The presenter will also answer questions regarding your specific devices as time allows. Please call to register.

DROP-IN TECH LAB

Wednesday, February 22 (3:00 - 5:00)

Drop by during this time for assistance working on a document, applying for a job, setting up an email account, etc. No appointment necessary!

* Health & Education *

ENGLISH AS A SECOND LANGUAGE (ESL)

Mondays in February @ 11:00

Join instructor Isabella Paar for these free tutoring sessions geared toward learners of English.

BLOOD PRESSURE SCREENING

Tuesday, February 14 @ 2:30

A home health nurse will do a blood pressure check & answer any of your questions. She'll be here each month, so you'll be able to get regular checks.

ALZHEIMER'S ASSOCIATION

Tuesdays, February 7, 21 & 28 @ 5:30

Anyone is welcome to attend this Alzheimer's Association workshop. Registration required @ 1-800-272-3900.

*ESSENTIAL OILS

Monday, February 20 @ 11:00

Learn which essential oils will help you beat spring allergies! Please call to register.

*EXTENSION OFFICE CLASS

Monday, February 27 @ 11:00

This month we'll begin a "Cooking through the Calendar" series. Registration required; if fewer than 5 pre-register, the program will be cancelled.

BINGO

1st & 3rd Friday @ 4:00

Join us for this monthly game time for adults.

BRIDGE CLUB

1st & 3rd Thurs. @ 1:00

All skill levels welcome!

FRIDAY FLICKS

February 10 @ 3:00

High Society
1956 111 minutes

MONDAY MATINEE

February 27 @ 3:00

Nine Lives
2016 (PG) 87 minutes



Movies @Main

Book Discussions

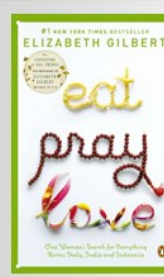
All are welcome! Pick up a copy at the Circulation Desk.



MYSTERY BOOK CLUB

2nd Tuesdays
3:00 - 4:00

Started Early, Took My Dog by Kate Atkinson



EVENING BOOK CLUB

4th Thursdays
6:30 - 7:30

Eat Pray Love by Elizabeth Gilbert