"Programs requiring registration are marked by asterior aged 18+
Programs on this calendar are reserved for our adult patrons aged 18+
100 Jim Owen Drive * Elizabethtown, KY 42701 * 270-769-6337 * www.hcpl.info

	Monday	Tuesday	Wednesday	Thursday	Friday
*Programs requiring re	1 Board Games for Grownups (M) 12:00	2 Adaptive Yoga (M) 9:00 Eating with Intention - Yes, You Can Eat Cake! (M) 5:30	3 *Beginning Crochet (L) 11:30	4 Library Closed	5 Loose Ends Crafts (M) 10:00 Color Me Calm (G) 2:00 Bingo (M) 3:00
	8 Monday Matinee (M) 3:00	9 Adaptive Yoga (M) 9:00 Mystery Club (M) 3:00	10 Color Me Calm (G) 2:00 *Make & Take: Bug Repel or After Sun Spray (M) 4:00	11 Adaptive Yoga (M) 10:00 Bridge Club (M) 12:00	Bingo (M) 3:00 12 La Leche League (ST) 10:00 *Scrapbooking (M) 11:00 Intuitive Heart Meditation (L) 2:00
Programs requiring registration are indicated by asterisk	15 Essential Oils (M) 11:00 *Beginning Crochet (L) 11:30	Adaptive Yoga (M) 9:00 *Focus on Finance (M) 6:00 La Leche League (ST) 6:30	*Create: Scrapbook Paper Wreath (M) 3:00 Support Group: Families of Children with Special Needs (L) 3:00	Adaptive Yoga (M) 10:00 Bridge Club (M) 12:00 *Financial & Healthcare POA (L) 4:00 Bard's Corner (M) 6:00	Intuitive Heart Meditation (L) 2:00 19 Books & Brew (G) 10:30 Color Me Calm (G) 2:00
sterisk*	*Cooking through the Calendar (M) 11:00 (register by Fri., July 19) *Stamping Workshop (M) 1:00	23 Adaptive Yoga (M) 9:00 Greater Woman Club (M) 6:00	24 Color Me Calm (G) 2:00	25 Adaptive Yoga (M) 10:00 Bridge Club (M) 12:00 Evening Book Club (M) 6:30	Friday Flicks (M) 11:00 *Keep Calm & Craft On: Book Page Chandelier (M) 3:00
	29	30 Adaptive Yoga (M) 9:00 *Wills: Implications of Property Under New VA Rules (M) 4:00 Your Body Knows Best (M) 5:30	Program Locations (FL) Front Lobby (G) Genealogy Rm (L) Computer Lab (M) Meeting Rm (ST) Storytime Rm	AUNIVERSE of Stories	ADULT SUMMER READING JULY 8 – AUGUST 2 Pick up an info sheet! Weekly drawings: books, tshirts, gift certificates!

☆ MONDAY MATINEE ☆ Monday, July 8 @ 3:00 Brooklyn 2015 (PG-13) 117 min.

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☆☆ FRIDAY FLICKS ☆☆ Friday, July 26 @ 11:00 No Time for Sergeants 1958 (G) 119 min. 公公

FUN AND GAMES

BOARD GAMES FOR GROWNUPS MONDAY, JULY 1 @ 12:00

A SELECTION OF GAMES WILL BE AVAILABLE, OR SHARE A GAME OF YOUR OWN. YOU'RE WELCOME TO BRING FOOD + DRINKS.

Bridge Club: Thursdays @ 12:00

FOR PROFICIENT PLAYERS. DEPENDING ON # PLAYERS, SOME MAY NOT PLAY ALL HANDS.

BINGO: FRIDAY, JULY 5 @ 3:00 COME FOR A CASUAL GAME TIME. WIN BOOKS!

Adult Education

LA LECHE LEAGUE Friday, July 12 @ 10:00 Tuesday, July 16 @ 6:30

Free Breastfeeding Support! Meet other breastfeeding mothers and babies at our informal monthly meetings. Trained leaders can help with any breastfeeding issues you may have. Breastfeeding mothers, babies, toddlers, and mothers-to-be are welcome!

SUPPORT GROUP: FAMILIES OF CHILDREN WITH SPECIAL NEEDS Wednesday, July 17 @ 3:00

Tia Hill will facilitate this new support group. Families and caregivers of people with special needs - any age, any disability are encouraged to attend!

BEGINNING CROCHET

Wed., July 3 & Mon., July 15 @ 11:30 Register now - you will start a basic project with a loop & chain & a single crochet. Bring a size I 5.5 or J 6.0 hook &

a 4-ply yarn.

HEALTH

FITNESS

ADAPTIVE YOGA

Tues: 9:00; Thurs: 10:00 Come in comfortable clothing; bring a yoga mat if possible. This class Is suitable for students at any level of ability or physicality.

EATING WITH INTENTION -YES, YOU CAN EAT CAKE!

Tuesday, July 2 @ 5:30

How many times have you grabbed a pint of ice cream when you were wanting to watch a sappy movie and have a good cry? Did you read the label? NO - me neither! Together we will learn how to be intentional & mindful with our choices. Yes, you can eat cake, & sometimes ice cream too!

INTUITIVE HEART MEDITATION Friday, July 12 @ 2:00

Learn to meditate by focusing on your breathing. Develop trust in your own intuition to assist with decision making in your daily life.

GREATER WOMAN CLUB Tuesday, July 23 @ 6:00

Have a passion for understanding more about personal strengths? This group encourages women to move from good to areat!

YOUR BODY KNOWS BEST Thursday, June 30 @ 5:30

The "Steps Toward Intuitive Eating" series concludes. Learn to listen to and manage your body's hunger and cravings.

Home & Garden

*MAKE & TAKE: BUG REPELLENT or AFTER SUN SPRAY * Wednesday, July 10 @ 4:00 Be prepared for summertime with these essential oil-infused sprays. Registration required.

ESSENTIAL OILS: Monday, July 15 @ 11:00 Learn about health & household uses.

*COOKING THRU THE CALENDAR * Monday, July 22 @ 11:00 Watermelon Refresher.

*Register by Fri., July 219

July 19 @ 10:30

Need ideas for **BOOKS** & something Brew Relax with a new to read? hot beverage & tell others what

you've recently enjoyed or not enjoyed! Connect & share your love of reading.

Business & Finance

*FOCUS ON FINANCE Tuesday, July 16 @ 6:00

Registration is required. If fewer than 5 register. the program will be cancelled. Please call the day of the program to make sure it is still on.

*FINANCIAL & HEALTHCARE POA Thursday, July 18 @ 4:00

Did you know that upon death, a Power of Attorney (POA) is no longer viable? And that in most circumstances, a POA is a better choice than a joint owner on your checking account? Learn the differences between the financial and healthcare POA, and why perhaps it's best to have different individuals named as the agent for each POA. Registration required; if fewer than 2 register the program may be cancelled.

*WILLS: IMPLICATIONS OF PROPERTY **UNDER NEW VA RULES**

Thursday, July 30 @ 4:00

Your property, such as a home, a car, clothing and household furnishings are exempt when filing for VA Special Monthly Compensation. But under the recently passed VA Rules, any land over 2 acres will now be considered an asset, and valued at fair market value. Find out how you can plan ahead to prevent losing access to your VA benefit for base pension, housebound or aid & attendance when qualified. Registration required; if fewer than 2 register the program may be cancelled.

Creative Corner

LOOSE ENDS CRAFTS Friday, July 5, 10:00 - 1:00

Come enjoy supportive comradery and a quiet environment in which to finish any incomplete projects! Open to all.

COLOR ME CALM

July 5, 10, 19, 24 @ 2:00

Coloring is shown to improve concentration & lower stress levels in adults!

*SCRAPBOOKING: NOTECARDS Friday, July 12 @ 11:00

Register now for this scrapbooking & card making class with designer templates.

*CREATE: SCRAPBOOK PAPER WREATH Wednesday, July 17 @ 3:00

Glue scrapbook paper strips around a wreath frame, embellish with scrapbook rosettes. Registration required.

BARD'S CORNER WRITERS GROUP Thursday, July 18 @ 6:00

Come to share, learn, and be encouraged in your writina!

*STAMPING WORKSHOP: NOTECARDS Monday, July 22 @ 1:00 \$2 required at registration.

*KEEP CALM & CRAFT ON: **BOOK PAGE CHANDELIER** Friday, July 26 @ 3:00

Glue book page circles along strands of fishing line; attach to round frame; hang over a light fixture. Registration required.

BOOK CLUB

MYSTERYI Tuesday, July 9 @ 3:00

Nine Lives

by Sharon Sala

EVENING BOOK CLUB

Thursday, July 25 @ 6:30

The Guernsey Literary & Potato Peel Pie Society

by Mary Anne Shaffer & Annie Barrows