Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Adaptive Yoga (M) 9:00	4	5	6
ESL (L) 10:00	*Beginning Crochet (L) 9:00	*Canvas Painting (M) 1:00 In person registration required;	Adaptive Yoga (M) 10:00	Color Me Calm (G) 2:00
Hope for the Holidays (C) 11:00	*VA Rules for Pension Benefits (M) 4:00	\$5 registration fee (refunded upon class attendance; otherwise nonrefundable). Bring a canvas, any size.	Bridge Club (M) 12:00	Color Me Calm (G) 2:00 Bingo (M) 3:00
Board Games for Grownups (M) 12:00	Surviving the Holidays (L) 5:30		*Small Business Basics (L) 5:00	
(W) 12.00	Handling Stress thru the Holidays (M) 5:30	Library Closes @ 5:00	Bard's Corner (M) 6:00	
9 ESL (L) 10:00	10 Adaptive Yoga (M) 9:00	11	12	
Essential Oils (M) 11:00	*Beginning Crochet (L) 9:00	Color Me Calm (G) 2:00	Adaptive Yoga (M) 10:00	Books & Brew: Gift Exchange (M) 10:30
*Stamping Workshop (M) 1:00	Mystery Club (M) 3:00	*Create: Elf Mason Jar (M) 3:00	Bridge Club (M) 12:00	Books & Brew: Gift Exchange (M) 10:30 Intuitive Heart Meditation (L) 2:00
Monday Matinee (M) 3:00	Breastfeeding Training (G) 6:00		*Christmas Gifts in a Jar (L) 2:00	(L) 2:00
16 Library Closed	17 Adaptive Yoga (M) 9:00	18 Bariatric Support Group (M) 9:00	19 Adaptive Yoga (M) 10:00	20
11:00 - 1:30	Heartland Dulcimer	Support Group: Families of Children with Special Needs	Bridge Club (M) 12:00	Friday Flicks (M) 11:00
*Cooking through the Calendar (M) 2:00 (register by Fri., Dec. 13)	Club Performance @ 6:30	(L) 3:00 *Keep Calm & Craft On: Christmas Ornaments (M) 3:00	Heartland Fillies Performance @ 5:00	Color Me Calm (G) 2:00
Programs requiring registration are indicated by *asterisk* Programs on this calendar are reserved for	Library Clased	perry Christm	December 24 - 26	27 Program Locations (FL) Front Lobby (G) Genealogy Rm (L) Computer Lab (M) Meeting Rm (ST) Storytime Rm
our adult patrons 18+ 100 Jim Owen Drive Elizabethtown, KY 42701 270-769-6337 www.hcpl.info	Library Closed	Heartland Dulcimer Club Jounds Juesday, December 17 @ 6:30 Heartland Fillies Thursday, December 19 @ 5:00		





HEARTLAND DULCIMER CLUB Tuesday, Dec. 17 @ 6:30

Browse the stacks or relax and listen 👣 to this beautiful Christmas music. a 🦈 combination of traditional and festive selections performed with dulcimer and voice!

HEARTLAND FILLIES Thursday, Dec. 19 @ 5:00

The beautiful harmonies of this vocal ensemble will put you right in the swing of the Christmas spirit! As with all our holiday musical 🐡 programs, you are welcome to sit 🛭 🐳 and listen or browse while enjoying the ambiance!



☆ MONDAY MATINEE ☆ Monday, Dec. 9 @ 3:00 2003 (PG) 97 min.

> ☆☆ FRIDAY FLICKS ☆☆ Friday, Dec. 20 @ 11:00 A Christmas Story 1983 (PG) 94 min.

Business & Finance

*SMART START BUSINESS BASICS Thursday, December 5 @ 5:00

Register @

www.ksbdc.org/Elizabethtown.

***VA RULES FOR PENSION BENEFITS** Tuesday, December 3 @ 4:00

The Veterans Administration released new rules in October 2018 for their Special Monthly Pension benefits program. Join us to learn about the Special Monthly Pension, and how these new rules will affect the application process. Registration required.

Adult Education

ENGLISH AS A 2ND LANGUAGE

Mondays, Dec. 2 & 9 @ 10:00 Free tutoring for learners of English.

BREASTFEEDING TRAINING Tuesday, December 10 @ 6:00

Free breastfeeding training for members of the community. It will occur the 2nd Tuesday of each month.

BARIATRIC SUPPORT GROUP

Wednesday, December 18 @ 9:00 Facilitated by Flaget Memorial Hospital.

SUPPORT GROUP FOR FAMILIES OF **CHILDREN WITH DISABILITIES**

Wednesday, December 18 @ 3:00 Families and caregivers of people with special needs - any age, any disability - are encouraged to attend!

FUN AND GAMES

BOARD GAMES FOR GROWNUPS

MONDAY, DECEMBER 2 @ 12:00

A SELECTION OF GAMES WILL BE AVAILABLE, OR SHARE A GAME OF YOUR OWN. COME ALONE OR WITH A FRIEND! YOU'RE WELCOME TO BRING FOOD/DRINKS.

BRIDGE CLUB

THURSDAYS, DECEMBER 5, 12, 19 @ 12:00

FOR PROFICIENT PLAYERS. SOME MAY NOT PLAY ALL HANDS.

BINGO

FRIDAY, DECEMBER 6 @ 3:00

COME FOR A CASUAL GAME TIME. WIN BOOKS!

HEALTH

FITNESS

ADAPTIVE YOGA

Tuesdays @ 9:00 Thursdays @ 10:00

Come in comfortable

clothing; bring a yoga mat if possible. This class Is suitable for students at

any level of ability or physicality.

HOPE FOR THE HOLIDAYS

Monday, December 2 @ 11:00

Learning how to get through your pain while others are celebrating.

SURVIVING THE HOLIDAYS -WITH INTENTION!

Tuesday, December 3 @ 5:30

Be in control this holiday season with intentional, mindful decisions about your nutrition!

HANDLING STRESS THRU THE HOLIDAYS Tuesday, December 3 @ 5:30

Holidays can be overwhelming! Learn strategies for reducing holiday stress.

INTUITIVE HEART MEDITATION Friday, December 13 @ 2:00

Learn to meditate by focusing on your breathing. Develop trust in your own intuition to assist with decision making in vour daily life.

➤ Home & Garden

ESSENTIAL OILS: Monday, Dec. 9 @ 11:00 *COOKING THRU THE CALENDAR

Mon, Dec 16 @ 2:00: "Country Morning Casserole" *Register by Fri., December 13.



*BEGINNING CROCHET

Tuesdays, December 3 & 10 @ 9:00

Register now - you will start a basic project with a loop & chain & a single crochet. Bring a size I 5.5 or J 6.0 hook & 4-ply varn.

*CANVAS PAINTING

Wednesday, December 4 @ 1:00

\$5 registration fee required (refunded upon class attendance). Bring your own canvas.

BARD'S CORNER WRITERS GROUP Thursday, December 5 @ 6:00

Come to share, learn, and be encouraged in your writing!

COLOR ME CALM

December 6, 11, & 20 @ 2:00

Coloring is shown to improve concentration & lower stress levels in adults!

*STAMPING WORKSHOP: NOTECARDS Monday, December 9 @ 1:00

\$2 required at registration.

*CREATE: ELF MASON JAR

Wednesday, December 11 @ 3:00

Decorate a mason jar to look like a holiday elf! Registration required.

*CHRISTMAS GIFTS IN A JAR Thursday, December 12 @ 2:00

Learn how to create the perfect, personalized gift that everyone will enjoy! Registration required.

*KEEP CALM & CRAFT ON: **CHRISTMAS ORNAMENTS**

Wednesday, December 18 @ 3:00

We'll cover Styrofoam balls with circles punched from Christmas scrapbook paper. Registration required.



MYSTERY BOOK CLUB

Tuesday, December 10 @ 3:00

The Last Juror by John Grisham

