

Monday

Tuesday

Wednesday

Thursday

Friday



PAY YOUR OVERDUE FINES IN CANNED FOOD ITEMS & GET YOUR LIBRARY ACCOUNT IN GOOD STANDING!

UP TO 10 ITEMS WILL BE ACCEPTED FOR FINE FORGIVENESS, AT \$1 PER ITEM.

ALL CONTRIBUTIONS WILL BENEFIT THE COMMUNITY!



Program Locations

- (FL) Front Lobby
- (G) Genealogy Rm
- (L) Computer Lab
- (M) Meeting Rm
- (ST) Storytime Rm

1

Color Me Calm (G) 2:00

Bingo (M) 3:00



4

ESL (L) 10:00



Board Games for Grown-ups (M) 12:00

Monday Matinee (M) 3:00

5

Adaptive Yoga (M) 9:00

*Beginning Crochet (L) 9:00

*Medicaid Planning: Strategies for Nursing Home Care (M) 4:00

6

Alzheimer's: Effective Communication Strategies (M) 1:00

Basket Making Demonstration (M) 3:00

Color Me Calm (G) 2:00

7

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

*Small Business Basics (L) 5:00

Bard's Corner (G) 6:00

8

Drop-in Tech Lab (L) 10:00

La Leche League (ST) 10:00

*Christmas Scrapbook (M) 11:00

Intuitive Heart Meditation (L) 2:00

11

Library Closed



12

Adaptive Yoga (M) 9:00

Mystery Club (M) 3:00

Breastfeeding Training (G) 6:00

13

*Create: Pinecone Mobile (M) 3:00



14

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

15 Books & Brew (G) 10:30

Color Me Calm (G) 2:00

16 Saturday →

AARP Smart Driver Course (M) 10:00

18

ESL (L) 10:00

*Beginning Crochet (G) 11:30

Essential Oils (M) 11:00

*Stamping Workshop (M) 1:00

19

Adaptive Yoga (M) 9:00

Surviving the Holidays with Intention (L) 5:30

*Focus on Finance (M) 6:00

La Leche League (ST) 6:30

20

Bariatric Support Group (M) 9:00

Color Me Calm (G) 2:00

Support Group: Families of Children with Disabilities (L) 3:00

21

Adaptive Yoga (M) 10:00

Bridge Club (M) 12:00

*Special Needs Planning & STABLE Accounts (M) 4:00

Bard's Corner (G) 6:00

22

Friday Flicks (M) 11:00

*Keep Calm & Craft On: Paper Bag Wreath (M) 3:00

25

ESL (L) 10:00



*Cooking thru the Calendar (M) 11:00 (register by Fri., Nov. 22)

26 Adaptive Yoga (M) 9:00

*Crochet: Penguin Afghan Square (G) 9:00 *Must have basic crochet proficiency. Materials list on back.

Handling Stress through the Holidays (L) 5:30

Greater Woman Club (G) 6:00

27

28-29

Library Closed



Programs requiring registration are indicated by asterisk Programs on this calendar are reserved for our adult patrons aged 18+ 100 Jim Owen Drive * Elizabethtown, KY 42701 * 270-769-6337 * www.hcpl.info

ADULT PROGRAMMING * HCPL * NOVEMBER 2019

★ **MONDAY MATINEE** ★
Monday, Nov. 4 @ 3:00
Tolkien
 2019 (PG-13) 112 min.
 ★★

★ ★ **FRIDAY FLICKS** ★ ★
Friday, Nov. 22 @ 11:00
August Rush
 2007 (PG) 114 min.
 ★★

➤ **FUN AND GAMES** ◀

BRIDGE CLUB

THURSDAYS @ 12:00

FOR PROFICIENT PLAYERS. SOME NOVEMBER NOT PLAY ALL HANDS.

BINGO

FRIDAY, NOVEMBER 1 @ 3:00

COME FOR A CASUAL GAME TIME. WIN BOOKS!

BOARD GAMES FOR GROWNUPS

MONDAY, NOVEMBER 4 @ 12:00

A SELECTION OF GAMES WILL BE AVAILABLE, OR SHARE A GAME OF YOUR OWN. COME ALONE OR WITH A FRIEND! YOU'RE WELCOME TO BRING FOOD/DRINKS.

➤ **Adult Education** ◀

ALZHEIMER'S: EFFECTIVE COMMUNICATION STRATEGIES * **Wed, Nov 6 @ 1:00**
 Explore how communication occurs when someone has Alzheimer's, learn to decode the verbal & behavioral messages delivered by someone with dementia, & identify strategies to help you connect & communicate at each stage of the disease. Registration requested. Designed for family caregivers, please no professionals.

ENGLISH AS A SECOND LANGUAGE

Mondays @ 10:00

Take advantage of these free tutoring for learners of English.

LA LECHE LEAGUE

Fri, Nov 8 @ 10:00; Tues, Nov 19 @ 6:30

BREASTFEEDING TRAINING

Tuesday, November 12 @ 6:00

BARIATRIC SUPPORT GROUP: Wednesday, November 20 @ 9:00

SUPPORT GRP FOR FAM. OF CHILDREN WITH DISABILITIES * Wed, Nov 20 @ 3:00

***AARP SMART DRIVER COURSE * Saturday, Nov. 16, 10:00 - 2:00**

Register now for this refresher course specifically designed for drivers age 50+. Drivers will benefit from a discount on their auto insurance premium upon completing the course. Fee, to be paid at the class in check or cash, is \$15 for AARP members & \$20 for non.

➤ **Home & Garden** ◀

ESSENTIAL OILS: Monday, Nov. 18 @ 11:00

Learn about health & household benefits.

***COOKING THRU THE CALENDAR**

Monday, November 25 @ 11:00

Autumn Apple Pork. *Reg. by Nov. 22.

***SMART START**

BUSINESS BASICS

Business & Finance

Thurs, Nov 7 @ 5:00

Register @ www.ksbdc.org/Elizabethtown.

***MEDICAID PLANNING: STRATEGIES FOR NURSING HOME CARE**

Tuesday, November 5 @ 4:00

How many times have you heard about someone's loved one going to a nursing home, and now "they're barely scraping by"? Planning ahead can make the financial heartache easier to bear, reducing the stress on the spouse remaining at home. Registration required.

***FOCUS ON FINANCE: Nov 19 @ 6:00**

Registration required.

***SPECIAL NEEDS PLANNING & STABLE**

ACCOUNTS Thursday, November 21 @ 4:00

Plan around settlements & gifts from friends & families of special needs individuals using Special Needs Trusts without disrupting programs already in place. STABLE accounts: tool that sp. needs persons can use to save money for future needs. Registration required.

EXPERIENCE THE SKILL AND PROCESS OF THE TRADITIONAL ART OF BASKET MAKING WITH LOCAL ARTISAN SAM DAVIS.



BASKET MAKING DEMONSTRATION

WEDNESDAY, NOVEMBER 6 @ 3:00



ADAPTIVE YOGA

Tuesdays @ 9:00

Thursdays @ 10:00

Come in comfortable clothing; bring a yoga mat if possible.

This class is suitable for students at any level of ability or physicality.

SURVIVING THE HOLIDAYS - WITH INTENTION!

Tuesday, November 19 @ 5:30

Be in control this holiday season with intentional, mindful decisions about your nutrition!

INTUITIVE HEART MEDITATION

Friday, November 8 @ 2:00

Learn to meditate by focusing on your breathing. Develop trust in your own intuition to assist with decision making in your daily life.

HANDLING STRESS THRU THE HOLIDAYS * **Tues., Nov. 26 @ 5:30**

Holidays can be overwhelming! Learn strategies for reducing holiday stress.

GREATER WOMAN CLUB

Tuesday, November 26 @ 6:00

Have a passion for understanding your personal strengths? This group encourages women to move from good to great!



Nov. 15 @ 10:30
 Looking for new **Books & Brew** reading ideas? Relax with a hot beverage, talk about what you've recently enjoyed or not enjoyed! Connect & share a love of reading.

***BEGINNING CROCHET**

Nov 5 @ 9:00 & Nov 18 @ 11:30

Register now - you will start a basic project with loop & chain & a single crochet. Bring a size I 5.5 or J 6.0 hook & 4-ply yarn.



COLOR ME CALM

November 1, 6, 15, 20 @ 2:00

Coloring is shown to improve concentration and lower stress levels in adults!

BARD'S CORNER WRITERS GROUP

Thursdays, November 7 & 21 @ 6:00

Come to share, learn, and be encouraged in your writing!

***CHRISTMAS SCRAPBOOK**

Friday, November 8 @ 11:00

Register now to create a Christmas-themed scrapbook page. Bring 4-6 4x6 pictures.

***CREATE: PINECONE MOBILES**

Wednesday, November 13 @ 3:00

Hang pinecones from a branch to create a unique seasonal decoration. Registration required.

***STAMPING WORKSHOP: NOTECARDS**

Monday, November 18 @ 1:00

\$2 required at registration.

***KEEP CALM & CRAFT ON:**

PAPER BAG WREATH

Friday, November 22 @ 3:00

Autumnal wreath using brown paper wrapping and seasonal embellishments. Registration required.

***CROCHET: PENGUIN AFGHAN SQUARE**

Tuesday, November 26 @ 9:00

Registration required. Must have basic crochet skills; project is basic to moderate difficulty level. Bring: Red Heart Supersaver medium (4-ply) yarn in blue, black, red, green, & white. 1/6mm hook, yarn needle, scissors.

MYSTERY

Ruth Rendell's

BOOK

Thirteen Steps Down

CLUB

Tuesday, November 12 @ 3:00