

ADULT PROGRAMMING * HCPL * MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Adaptive Yoga (M) 10:00 Bridge Club (M) 1:00 *Small Business Basics (M) 5:00	2 Color Me Calm (G) 3:00 Bingo (M) 4:00	3 Tai Chi (M) 10:00
5 ESL (L) 11:00 Watercolor Book Pages (M) 11:00 Bard's Corner (M) 6:00	6 Adaptive Yoga (M) 9:00 Intuitive Heart Meditation (M) 4:00	7 Color Me Calm (G) 3:00 Tai Chi (M) 1:00 Gentle Hugs (M) 4:00	8 Adaptive Yoga (M) 10:00 Bridge Club (G) 1:00	9 Drop-in Tech Lab (L) 11:00 - 12:00 Friday Flicks (M) 3:00	10 Tai Chi (M) 10:00
12 ESL (L) 11:00 ESL: Home Buying Seminar (M) 6:00	13 Adaptive Yoga (M) 9:00 Mystery Club (M) 3:00	14 Tai Chi (M) 1:00 *CREATE: Bird on a Wire Wall Hanging (M) 3:00	15 Bridge Club (G) 1:00	16 Books & Brew (M) 10:30 Color Me Calm (G) 3:00 Bingo (M) 4:00	17 Tai Chi (M) 10:00 *CPR/First Aid Training (M) 11:45
19 ESL (L) 11:00 *Essential Oils (M) 11:00 *Stamping Workshop (M) 1:00 Bard's Corner (M) 6:00	20 Adaptive Yoga (M) 9:00 Signs of Addiction (M) 11:30 *Focus on Finance (M) 6:00	21 Tai Chi (M) 1:00 Color Me Calm (G) 3:00	22 Bridge Club (M) 1:00 Friends of the Library (FL) 6:00 Evening Book Club (M) 6:30	23 *Keep Calm & Craft On: Easter Egg Wreath (M) 3:00	24 Tai Chi (M) 10:00
26 ESL (L) 11:00 *Cook thru the Calendar (M) 11:00 (must register by Fri., March 23) Monday Matinee (M) 3:00	27 Greater Woman Club (M) 6:00	28 Tai Chi (M) 1:00	29 Bridge Club (M) 1:00 Treats & Trivia (M) 5:30	30 Library Closed	31 Tai Chi (M) 10:00

Meeting Locations: (A) Amphitheatre (FL) Front Lobby (G) Genealogy Room (L) Computer Lab (M) Meeting Room

Programs requiring registration are indicated by asterisk

Programs on this calendar are reserved for our adult patrons aged 18+

Adults

PLEASE NOTE: Attendance for adult programs is reserved for ages 18 and over. Programs requiring registration are indicated with an asterisk. You may register by phone: 270-769-6337 or email: hcplrebekaha@gmail.com

☆☆ **FRIDAY FLICKS** ☆☆
Friday, March 9 @ 3:00
A Dog's Purpose
 2017 (PG) 100 min. ☆☆

☆☆ **MONDAY MATINEE** ☆☆
Mon., March 26 @ 3:00
Home Again
 2017 (PG-13) 97 min. ☆☆

16TH @ 10:30
Books & Brew

Looking for ideas for something new to read? Recently read a great book and want to share it with other avid readers? If so, join us in this informal setting. Relax with a hot beverage and tell others what you've recently enjoyed (or not enjoyed!). Meet new people and share your love of reading.

Business & Finance

***FOCUS ON FINANCE: SENIOR ALLIANCE**
Tuesday, March 20 @ 6:00
 Registration is required @ 270-723-2225 (not through the library). Notifications of class cancellation will come through a representative of the class's instructor.

***SMALL BUSINESS BASICS**
Thursday, March 1 @ 5:00
 Register @ www.ksbdc.org/Elizabethtown.

Come play *trivia* in a fun and relaxed environment! No registration; form teams of 2 to 5 people and just show up. People who don't have a team are welcome to join another team as long as it remains five people or less. Light refreshments will be provided.

Treats & Trivia

29th @ 5:30

MYSTERY BOOK CLUB
 3.13 @ 3:00: Judge & Jury by James Patterson

EVENING BOOK CLUB
 3.22 @ 6:30: The Kite Runner by Khaled Hosseini



COLOR ME CALM @ 3:00

Fridays, March 2 & 16
Wed., March 7 & 21

Coloring isn't just for kids! It can also improve concentration and lower stress levels in adults! Materials are provided.

BARD'S CORNER WRITERS GROUP

Mondays, March 5 & 19 @ 6:00

Come to share, learn, and be encouraged in your writing!

*STAMPING WORKSHOP: NOTECARDS

Monday, March 19 @ 1:00

\$2 nonrefundable required at registration.

*CREATE!

BIRD ON A WIRE WALL HANGING

Wednesday, March 14 @ 3:00

A string of scrapbook paper songbirds alight across a book page background. Registration required!

*KEEP CALM & CRAFT ON:

EASTER EGG WREATH

Friday, March 23 @ 3:00

Mod-podged plastic eggs attach to a wreath frame - really cute! Registration required!

ADAPTIVE YOGA

Tuesdays, March 6, 13, 20 @ 9:00

Thursdays, March 1 & 8 @ 10:00

Come in comfortable clothing and bring a yoga mat if you have one. This class is suitable for students at any level of ability or physicality, no previous experience necessary.

TAI CHI/FITNESS

A fitness program inspired by Tai Chi which includes deep breathing & stretching. Self-directed until further notice.

GENTLE HUGS:

FIBROMYALGIA SUPPORT GROUP

Wednesday, March 7 @ 4:00

If you are a sufferer of Fibromyalgia, you are encouraged to join this chronic pain support group. For more information, contact Angela Miller @ 270-506-7568.

SIGNS OF ADDICTION

Tuesday, March 20 @ 11:30

Join Recovery Works personnel for a question & answer session concerning what to do & where to get help for your loved ones.



INTUITIVE HEART MEDITATION

Tuesday, March 6 @ 4:00

Learn to meditate by focusing on your breathing, using a guided meditation. Develop trust in your own intuition to assist in decision making in your daily life.

GREATER WOMAN CLUB

Tuesday, March 27 @ 6:00

Have a passion for understanding more about personal strengths? This group encourages women to move from good to great!

*CPR/FIRST AID TRAINING

Saturday, March 17 @ 11:45

Free training through an AHA credentialed instructor. There is only a fee if you require certification. Registration required through Vicki Basham 270-763-2915.



Explore the use of watercolor on old book pages to create unique pieces of artwork. This is not an art class & requires no painting skill! Come for a relaxing, casual approach to creativity, and to make connections!

Adult Education

ENGLISH AS A SECOND LANGUAGE (ESL)

Mondays @ 11:00

Join instructor Isabella Paar for these free tutoring sessions geared toward learners of English.

ESL: HOME BUYING SEMINAR

Monday, March 12 @ 6:00

ESL instructor Isabella Paar will facilitate this educational seminar geared toward helping English language learners with the home-buying process.

DROP-IN TECH LAB

Friday, March 9 (11:00 - 12:00)

Drop by during this time for assistance working on a document, applying for a job, setting up an email account, etc. No appointment necessary!



TECH APPOINTMENT

Do you need help with something related to computers or other devices? Come in to schedule a 30 minute session with a librarian.

Home & Garden

*ESSENTIAL OILS

Monday, March 19 @ 11:00

Learn benefits of essential oils for general health & household uses! Call to register.

*COOKING THRU THE CALENDAR

Monday, March 26 @ 11:00

This month Dayna Parrett will continue her "Cooking through the Calendar" series with Chowder Made Easy. *Registration required by Friday, March 23 to allow for material preparation; if fewer than 5 pre-register, the program will be cancelled.

Fun & Games

BRIDGE CLUB: Thursdays @ 1:00

All proficiency levels welcome!

BINGO: Fridays, March 2 & 16

Win books at this monthly game time for adults!