



ADULT PROGRAMMING ★ HCPL ★ NOVEMBER 2017

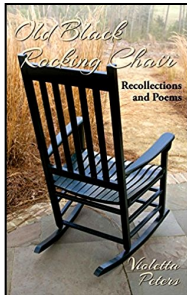
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Pay your overdue fines in canned food items and get your library account in good standing!</p> <p>Up to 10 items will be accepted for fine forgiveness, at \$1/item.</p> <p>All contributions will benefit the community!</p>	<p>6</p> <p>ESL (L) 11:00</p> <p>Bard's Corner (M) 6:00</p>	<p>7</p> <p>Adaptive Yoga (M) 9:00</p> <p>*Medicare Workshop (M) 2:30</p> <p>Fibromyalgia Support Group (M) 5:30</p>	<p>8</p> <p>Tai Chi/Fitness (M) 1:00</p> <p>Color Me Calm (G) 3:00</p>	<p>9</p> <p>Adaptive Yoga (M) 10:00</p> <p>Bridge Club (G) 1:00</p> <p>*ASL (M) 6:30</p>	<p>10</p> <p>Friday Flicks (M) 11:00</p> <p>Keep Calm & Craft On: Book Turkey (M) 3:00</p>
<p>13</p> <p>ESL (L) 11:00</p> <p>*Stamping Workshop (M) 1:00</p>	<p>14</p> <p>Adaptive Yoga (M) 9:00</p> <p>Mystery Club (M) 3:00</p>	<p>15</p> <p>Tai Chi/Fitness (M) 1:00</p>	<p>16</p> <p>Adaptive Yoga (M) 10:00</p> <p>Kentucky Arts Council (M) 1:00</p> <p>Bridge Club (G) 1:00</p> <p>*ASL (M) 6:30</p>	<p>17</p> <p>Color Me Calm (G) 3:00</p> <p>Bingo (M) 4:00</p>	<p>18</p> <p>Tai Chi/Fitness (M) 10:00</p> <p>CPR/First Aid Training (M) 11:45</p>
<p>20</p> <p>ESL (L) 11:00</p> <p>*Essential Oils (M) 11:00</p> <p>Guided Meditation (M) 6:00</p>	<p>21</p> <p>Adaptive Yoga (M) 9:00</p> <p>Staying Alive Health Fair (M) 1:00 - 7:00</p>	<p>22</p> <p>Guided Meditation (M) 10:00</p> <p>Tai Chi/Fitness (M) 1:00</p>	<p>23</p> <p>Library Closed</p> 	<p>24</p> <p>Library Closed</p>	<p>25</p> <p>Tai Chi/Fitness (M) 10:00</p>
<p>27</p> <p>ESL (L) 11:00</p> <p>*Cooking through the Calendar (M) 11:00</p> <p>Monday Matinee (M) 3:00</p>	<p>28</p> <p>Adaptive Yoga (M) 9:00</p> <p>*Overdrive Clinic (M) 3:00</p> <p>Fibromyalgia Support Group (M) 5:30</p>	<p>29</p> <p>Tai Chi/Fitness (M) 1:00</p> <p>*CREATE: Spiral Book Wreath (M) 3:00</p>	<p>30</p> <p>Adaptive Yoga (M) 10:00</p> <p>Bridge Club (M) 1:00</p>	<p>3</p> <p>Color Me Calm (G) 3:00</p> <p>Bingo (M) 4:00</p>	<p>4</p> <p>Tai Chi/Fitness (M) 10:00</p> <p>Author Visit: Violetta Peters (FL) 12:30</p>
<p>*Programs requiring registration are indicated by an asterisk* Programs are reserved for our adult patrons aged 18+ ----- Meeting Locations (FL) Front Lobby (G) Genealogy Room (L) Computer Lab (M) Meeting Room ----- 100 Jim Owen Drive Elizabethtown, KY 42701 270-769-6337 www.hcpl.info</p>					

Adults

PLEASE NOTE: Attendance for adult programs is reserved for ages 18 and over. Programs requiring registration are indicated with an asterisk. You may register by phone: 270-769-6337 or email: hcplrebekaha@gmail.com

AUTHOR VISIT

Saturday, November 4 (12:30 - 2:30)
Violetta Peters
Old Black Rocking Chair



This collection contains nearly 150 poems and recollections from Violetta Peters of Elizabethtown, Kentucky. The poems are about all aspects of life and are written to offer help and encouragement to

people young and old alike...words to help in times of trouble, and inspiration for everyone to find peace. Stop by the front lobby to meet this local author!



COLOR ME CALM @ 3:00
Friday, November 3 & 17
Wednesday, November 8

Coloring isn't just for kids! It can also improve concentration and lower stress levels in adults! Materials are provided.

BARD'S CORNER WRITERS GROUP
Monday, November 6 @ 6:00
 Come to share, learn, and be encouraged in your writing!

***KEEP CALM & CRAFT ON:**
BOOK TURKEY
Friday, November 10 @ 3:00

Folded & rolled pages from repurposed books combine to create a cute seasonal centerpiece!



Registration required.

***STAMPING WORKSHOP: NOTECARDS**
Monday, November 13 @ 1:00
 \$2 nonrefundable required at registration.

***CREATE: SPIRAL BOOK WREATH**
Wednesday, November 29 @ 3:00
 Another chance to make a rolled book page wreath - a lovely Christmas decoration! Registration required.



	FRIDAY FLICKS November 10 @ 11:00 Going in Style 2017 (PG-13) 96 min.
	MONDAY MATINEE November 27 @ 3:00 Mr. Holmes 2015 (PG) 104 min.

Home & Garden

*ESSENTIAL OILS

Monday, November 20 @ 11:00

Learn benefits of essential oils for general health and household uses! Please call to register.

*COOKING THRU THE CALENDAR

Monday, November 27 @ 11:00

This month Dayna Parrett will continue her "Cooking through the Calendar" series with Apple Nachos. Registration required; if fewer than 5 pre-register, the program will be cancelled.

Business & Finance

*SMALL BUSINESS BASICS

Thursday, November 2 @ 5:00

Are you considering starting your own small business but don't know where to begin? You won't want to miss out on this workshop. From the how-tos of starting, feasibility and legal structure, to licensing and permitting requirements, this class covers all the essentials to help you get started. Please register for this course via the UK Small Business Development Center's website: www.ksbdc.org/Elizabethtown.

Adult Education

ENGLISH AS A SECOND LANGUAGE (ESL)

Mondays @ 11:00

Join instructor Isabella Paar for these free tutoring sessions geared toward learners of English.

*AMERICAN SIGN LANGUAGE (ASL)

Thursdays, November 2, 9, 16 @ 6:30

The topics in this ASL beginner class will include deaf culture, ASL basics, fingerspelling, and numbers. Registration required.

*OVERDRIVE CLINIC

Tuesday, November 28 @ 3:00

Attend this session to learn what's available on Kentucky's free downloading site! The presenter will also answer questions regarding your specific devices as time allows. Please call to register.

TECH APPOINTMENT

Do you need help with something related to computers or other devices? Come in to schedule a 30 minute session with a librarian.



Fun & Games

BRIDGE CLUB

Thursdays in November @ 1:00

All skill levels welcome!

BINGO

Fridays, November 3 & 17 @ 4:00

Join us for this monthly game time for adults.

Health & Fitness

ADAPTIVE YOGA

Tuesdays in November @ 9:00

Thursdays in November @ 10:00

Come in comfortable clothing and bring a yoga mat if you have one. This class is suitable for students at any level of ability or physicality, no previous experience necessary.

TAI CHI/FITNESS

Wednesdays @ 1:00 &

Saturdays @ 10:00

A fitness program inspired by Tai Chi which includes deep breathing & stretching.

*MEDICARE WORKSHOP

Tuesday, November 7 @ 2:30

If you have any questions about Medicare enrollment or options, come to this community Medicare informational meeting. Registration required @ 1-888-463-2149.

*CPR/First Aid Training

Saturday, November 18 @ 11:45

Free training through an AHA credentialed instructor. There is only a fee if you require certification. Registration required through Vicki Basham @ vickirb295@gmail.com or 270-763-2915.

GUIDED MEDITATION

Monday, November 20 @ 6:00

Wednesday, November 22 @ 10:00

Join Certified Health Education Specialist Kim Briand for one or both of these relaxing sessions, designed to relieve stress and boost inner peace.

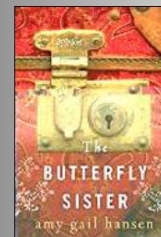
Book Discussions

MYSTERY
 BOOK CLUB

2nd Tuesdays @ 3:00



The Butterfly Sister
 by Amy Gail Hansen



* Evening Book Club will resume in January, 2018